

## Consolidation exercises

### Exercise 1

Choose one different string per day and play the C scale only as in video 1.

### Exercise 2

Play song number 1 of our second video.

### Exercise 3

Play warm up of video 3.

### Exercise 4

Play song 2 of video 3.

### Exercise 5

Play the C scale two notes per beat as in video 4.

### Exercise 7

Play with your hands the following routine to a metronome beat you are comfortable with .

- 1 2 3 4
- 1 & 2 &3&4
- 1 potatoe 2 potatoe 3 potatoe 4 potatoes
- 1 potatoe 2 potatoe 3 potatoe 4 potatoes

Play with muted strings the following routine to a metronome beat you are comfortable with .

- 1 2 3 4
- 1 & 2 &3&4
- 1 potatoe 2 potatoe 3 potatoe 4 potatoes
- 1 potatoe 2 potatoe 3 potatoe 4 potatoes

### Exercise 7

Classify by beats per bar and subdivision each of the songs of your listen to folder.

### Exercise 8

Play full song of video 5

### Exercise 9

Play full song of video 6

### Video 1

<https://vimeo.com/349171942>

Password:I play in tempo

### Video 2

<https://vimeo.com/349605013>

Password:I play in tempo

### Video 3

<https://vimeo.com/350529625>

Password: I play in tempo

### Video 4

<https://vimeo.com/350532114>

Password: I play in tempo

### Video 5

<https://vimeo.com/350559505>

Password: I play in tempo

### Video 6

<https://vimeo.com/351844872>

Password: I play in tempo

### Exercise 10

Choose two chords Am , C, D Dm, G, E , Em, F make 12 combinations

1. C E
2. F G
3. Em D
4. A C
5. Am D
6. E A
7. D F
8. CG
9. C Dm
10. Am Em
11. G F

### Exercise 11

With right hand index finger. ( ONLY MOVE THE FINGER NOT THE HAND)

Selecting a pulse at 140BPM and in groups of 4 hits.

1. Thumb down
2. Thumb up
3. Thumb down
4. Thumb up
5. Hit soundboard
6. Index finger up
7. Index finger down
8. Index finger up

## Exercise 12

Practice these chords consecutively

D/D/G/G  
D/D/G/G

D/D/G/G  
D/D/G/G  
C/C/D/D  
Am/Em/D/D  
C/G/D/D

D/D/G/G  
D/D/G/G

D/D/G/G  
D/D/G/G  
C/C/D/D  
Am/Em/D/D  
C/G/D/D

<https://www.metronomeonline.com/>